

## The Joy of Openness

Now that I know I can survive pain and loss, and I know the joy of openness, I choose to live openly and take risks with others. If my openness is too much by others standards, so be it. I will let go and know there are many others who desire to share in the openness. I cannot be anything other than who I am. *From Is It Love, or Is It Addiction*

*Student of Experience™*